

# Little Toads Lunch Menu - January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Jan	02 Jan	03 Jan	04 Jan	05 Jan
	Baked Spaghetti with organic marinara sauce with chicken and mushrooms  Am : Oranges Pm: milk and banana	Chicken wraps with chicken and organic veggie  AM : Apple with cheese crackers PM : strawberries and cheese sticks	Fish tacos with organic tomato salsa and corns  AM : Grapes PM: pears and whole wheat fish crackers/ Milk	Cheese pizza with organic apple juice AM: Blueberries with plain organic yogurt PM: Cookies and organic low fat milk
08 Jan	09 Jan	10 Jan	11 Jan	12 Jan
Mini potato cutlets in potato burger buns with mayo, cheese slice and side of steam organic baby carrots  AM: Organic apples and cheese sticks PM: organic banana and crackers	Chicken kabob in pita roll with organic hummus spread and cucumber salad  AM: Grapes and cheese cubes PM: Ritz crackers and milk/ oranges	Mince chicken mixed with kidney beans and corns, wrap in soft tacos and mexican cheese  AM: Fresh melon PM: Organic milk/ organic fresh apples	Chicken bites with hawaiian bread and stir fry broccoli in light butter  AM: Pears cheddar cheese cubes PM: Strawberries/ organic milk	Cheese/ veggie pizza with organic apple juice  AM: Oranges and fish crackers PM: Organic half banana/ organic full fat milk
15 Jan	16 Jan	17 Jan	18 Jan	19 Jan
<b>Martin Luther King</b>	Chicken qeema (mince) with paratha  AM: Pears with cheese cubes PM: raisins/ milk	Mini elbow pasta with chicken in red sauce with side of green beans  AM: Fresh pineapple PM: Whole wheat fish crackers and organic milk	Fish and chips with coleslaw  AM: Sweet melon PM: Pretzel sticks with cheese dipping sauce or hummus	Cheese pizza/ veggie pizza organic apple juice AM: mixed fruit with caramel dipping sauce PM: Chocolate mini croissant/ organic milk
22 Jan	23 Jan	24 Jan	25 Jan	26 Jan
Mac and cheese with sweet peas and corn  AM: Kiwi and string cheese PM: apple and crackers	Chicken quesadilla with mushroom, red capsicum and cheddar cheese  AM: Strawberries PM: grapes/ milk	Mince chicken with rigatoni in red sauce and cheese with side of mix veggie AM: Orange and cheddar cheese cubes PM: pears/ milk	Chicken tenders with potato fries and Hawaiian bread  AM: Banana PM: pineapple tidbits/ milk	Pizza with organic apple juice  AM: Hot Chocolate with waffle sticks PM: Blueberries/ milk
29 Jan	30 Jan	31 Jan	01 Feb	02 Feb
Grill cheese sandwich with side of broccoli and mushrooms  AM: oranges and cheese cubes Pm: Organic Banana/milk	Chicken burrito with mixed veggie and cheese AM: Apple and cheese PM: raisins and crackers/ milk	Elbow pasta with mince chicken with tomatoes basil and mushroom sauce  AM: pears and cheese sticks PM: banana with milk	Chicken nuggets and mash potatoes with corns  AM: red grapes and pretzels bites PM: Strawberries/ milk	Pizza with organic apple juice  AM: french toast sticks and banana PM: mini muffin/ milk